



UNIVERSIDAD AUTÓNOMA DE GUERRERO

UNIDAD ACADÉMICA DE CIENCIAS QUÍMICO BIOLÓGICAS

UNIDAD ACADÉMICA DE MEDICINA

UNIDAD DE INVESTIGACIÓN ESPECIALIZADA EN MICROBIOLOGÍA

MAESTRÍA EN CIENCIAS BIOMÉDICAS

Asociación de los polimorfismos 89 G>A, 90 T>C y 92 G>C del gen *PADI4* con anticuerpos contra péptidos citrulinados cílicos (anti-CCP) en pacientes con artritis reumatoide del Sur de México

T E S I S

QUE PARA OBTENER EL GRADO DE

MAESTRA EN CIENCIAS BIOMÉDICAS

P R E S E N T A:

QBP. Christian Johana Baños Hernández

DIRECTOR DE TESIS:

Dr. en C. José Francisco Muñoz Valle

CODIRECTOR DE TESIS:

M. en C. José Eduardo Navarro Zarza

Chilpancingo, Gro., Octubre De 2015.

Este trabajo se realizó en el Instituto de Investigación de Ciencias Biomédicas del Centro Universitario de Ciencias de la Salud de la Universidad de Guadalajara, en colaboración con el Laboratorio de Investigación en Obesidad y Diabetes de la Unidad Académica de Ciencias Químico Biológicas de la Universidad Autónoma de Guerrero.

Bajo la Dirección de:

Dr. en C. José Francisco Muñoz Valle

La Codirección de:

M en C. José Eduardo Navarro Zarza

Sinodales:

Dra. en C. Gloria Fernández Tilapa

Dra. en C. Iris Paola Guzmán Guzmán

Dr. en C. Marco Antonio Leyva Vázquez

En el periodo que cursó la Maestría en Ciencias Biomédicas, la QBP. Christian Johana Baños Hernández (CVU: 560787) fue beneficiada con la beca del CONACYT No.370920.



UNIVERSIDAD AUTÓNOMA DE GUERRERO
UNIDAD ACADÉMICA DE CIENCIAS QUÍMICO BIOLÓGICAS
UNIDAD ACADÉMICA DE MEDICINA
UNIDAD DE INVESTIGACIÓN ESPECIALIZADA EN MICROBIOLOGÍA
MAESTRÍA EN CIENCIAS BIOMÉDICAS

APROBACIÓN DE TESIS

En la ciudad de Chilpancingo, Guerrero, siendo los 03 días del mes de julio de dos mil quince, se reunieron los miembros del Comité Tutoral designado por la Academia de Posgrado de la Maestría en Ciencias Biomédicas, para examinar la tesis titulada **"Asociación de los polimorfismos 89 G>A, 90 T>C y 92 G>C del gen PADI4 con anticuerpos contra peptidos citrulinados cílicos (anti-CCP) en pacientes con artritis reumatoide del sur de México"**, presentada por la alumna Christian Johana Baños Hernández, para obtener el Grado de Maestría en Ciencias Biomédicas. Después del análisis correspondiente, los miembros del comité manifiestan su aprobación de la tesis, autorizan la impresión final de la misma y aceptan que, cuando se satisfagan los requisitos señalados en el Reglamento General de Estudios de Posgrado e Investigación Vigente, se proceda a la presentación del examen de grado.

El Comité Tutoral

Dr. José Francisco Muñoz Valle
Dirección de tesis

Dra. Gloria Fernández Tilapa

Dr. Marco Antonio Leyva Vázquez

Dra. Iris Paola Guzmán Guzmán

Dr. José Eduardo Navarro Zarza

Dra. Isela Parra Rojas

Coordinadora del Posgrado de la Unidad
Académica de Ciencias Químico Biológicas

Dra. Amalia Venegas Velázquez

Directora de la Unidad Académica de Ciencias
Químico Biológicas



UAGro
Coordinación del
Posgrado UACQ8



AGRADECIMIENTOS

A mi director de tesis **Dr. en C. José Francisco Muñoz Valle** por sus enseñanzas, su paciencia, su tiempo y dedicación a lo largo de este trabajo. Gracias por confiar en mí y poner en mis manos todas las herramientas necesarias para culminar esta meta.

A mi codirector de tesis **Dr. José Eduardo Navarro Zarza** por todo su apoyo y paciencia en la realización de este trabajo. Pero sobre todo gracias por sus enseñanzas y sugerencias que contribuyeron al enriquecimiento del mismo.

A mis sinodales **Dra. en C. Gloria Fernández Tilapa, Dra. en C. Iris Paola Guzmán Guzmán y Dr. en C. Marco Antonio Leyva Vázquez** por su invaluable apoyo, por su tiempo y por sus valiosas aportaciones para la realización de esta tesis.

Al Laboratorio de Investigación en Obesidad y Diabetes a cargo de la **Dra. en C. Isela Parra Rojas y el Dr. en C. Lorenzo Salgado Goytia** por todo su apoyo, consejos y por permitirme realizar parte de mis experimentos en éste. A la **Dra. en C. Inés Matia García y a la QBP. Aralia** por sus enseñanzas y apoyo en el desarrollo de este proyecto. Gracias a todos los compañeros y amigos con los que conviví en este laboratorio.

Al Instituto de Investigación en Ciencias Biomédicas a cargo del **Dr. en C. José Francisco**, a los doctores: **Nora, Yeminia y Jorge** por su apoyo y sugerencias en la

realización de mi trabajo; y a **Mirna, Zyanya, Samuel, Valeria, Daniel, Ilian, Elena, Luis, Jorge, Emmanuel y Rene** por su apoyo, sus ánimos, sus consejos, sugerencias, compañerismo y sobre todo por su amistad, sin duda hicieron que mi estancia en este laboratorio fuera muy amena.

A mis compañeros de generación: **Lluvia, Cinthya, Karen, Hugo, Genaro, Judith, Martha, Ana, Monserrat, Jorge Barrera, Jorge Ocampo, Cesar, Oscar y Antonio** por el tiempo en que convivimos, suerte y éxito para todos. En especial a mi compañera y amiga **Lluvia** por todos los buenos momentos compartidos, por los consejos, apoyo incondicional, ánimos y por la bonita amistad que me has brindado. Te deseo el mayor de los éxitos en todas tus metas.

DEDICATORIAS

A **Dios** por bendecirme día a día, por darme el valor necesario para salir adelante y superar cada una de las pruebas que me has puesto, por mi hermosa familia y por permitirme culminar una meta más en mi vida.

A mi esposo **Jonathan Dorantes de Jesús** por estar conmigo en las buenas y en las malas, por tu amor, tu paciencia, tu apoyo incondicional, por que más que nadie estuviste conmigo en este proyecto y me animaste para seguir adelante, te amo.

A mi papá **Feliciano Baños Barragán** que me ve desde el cielo y sé que desde ahí ha velado por mí y está conmigo siempre. A mi mamá **Roberta Hernández Herrera** por darme la vida, por apoyarme incondicionalmente, por aconsejarme, por corregirte, por ser mi cómplice y darme ánimos para nunca rendirme, no hay palabras suficientes para agradecer todo lo que has hecho por mí.

A mis abuelitos **Justina y Gregorio** por ser mis segundos padres, por sus consejos, por cada una de sus enseñanzas, por su apoyo, por estar siempre conmigo y por su cariño.

A mis hermanos **Bety, Maripaz, Jesús y Gregorio** por darme la fuerza para seguir adelante por medio de un abrazo o una sonrisa, por su apoyo, por ser los mejores hermanos, por creer en mí, por soportar mi carácter y por su cariño, los quiero mucho.

A mis tíos y tías, en especial **Tomas, Gelacio y Betty**, por sus porras, sus consejos y todos los granitos de arena que aportaron para que yo pudiera cumplir uno más de mis sueños.

A todos mis familiares y amigos por todo lo que hicieron por mí, a todos que Dios los bendiga por siempre.

Aún falta mucho camino por recorrer y primeramente dios todo sacrificio valdrá la pena.

INDEX

CONTENT	Pages
I. TITLE	2
II. ABSTRACT.....	3
III. INTRODUCTION.....	4
IV. MATERIALS AND METHODS.....	6
V. RESULTS.....	10
VI. DISCUSSION.....	13
VII. REFERENCES.....	18
VIII. TABLES AND FIGURE.....	23
IX. ANNEXES.....	28

I. TITLE

Peptidyl arginine deiminase type IV polymorphisms (*PADI4_89, 90 and 92*) and the functional haplotype are associated with rheumatoid arthritis susceptibility in a southern Mexican population

Baños-Hernández et al.

¹Instituto de Investigación en Ciencias Biomédicas, Centro Universitario de Ciencias de la Salud, Universidad de Guadalajara, Guadalajara, Jalisco, México.

² Unidad Académica de Ciencias Químico Biológicas, Universidad Autónoma de Guerrero, Chilpancingo de los Bravo, Guerrero, México.

³ Departamento de Medicina Interna-Reumatología, Hospital General de Chilpancingo “Dr. Raymundo Abarca Alarcón”, Chilpancingo de los Bravo, Guerrero, México.

^{1,4}Comisión para la Protección contra Riesgos Sanitarios del Estado de Jalisco, (COPRISJAL), Secretaría de Salud.

Corresponding author: José Francisco Muñoz-Valle, PhD. Insurgentes 244-1, Colonia Lomas de Atemajac, Zapopan, Jalisco, México. C.P.45178. Phone: (00-52) 3310585200, ext. 34200. E-mail: biologiamolecular@hotmail.com

II. ABSTRACT

Rheumatoid arthritis (RA) is a common autoimmune disease with a complex genetic background. The peptidyl arginine deiminase type IV (*PADI4*) gene has been associated with RA due to several single nucleotide polymorphisms (SNPs) and their haplotypes have been associated with RA susceptibility in several populations. This study explores the relationship between *PADI4* gene SNPs and their haplotypes in 200 RA patients and 200 control subjects from southern Mexico. The SNPs were genotyped using the PCR-RFLP technique and antibodies to cyclic citrullinated peptides (anti-CCP) were measured by enzyme-linked immunosorbent assay (ELISA). In addition, we performed a haplotype analysis with data of each of the *PADI4* gene SNPs (*PADI4_89*, *PADI4_90*, *PADI4_92*). *PADI4* gene polymorphisms and the GTG haplotype were individually associated with RA susceptibility. Likewise, we confirmed that patients who were seropositive for anti-CCP antibodies and carriers of the susceptibility genotypes of the three *PADI4* gene SNPs, had an increased risk to develop RA. In conclusion, our replication study from a southern Mexican population suggests that *PADI4* individual polymorphisms and the susceptibility haplotype (GTG) are also genetic risk markers for RA and confirm that in combination with anti-CCP (+) antibodies, these SNPs influence the autoimmune processes towards the development of RA in this population. Based on these results, we acknowledge the importance of the replication of this study in other regions of Mexico in order to further understand the influence of ethnicity on RA susceptibility. **Keywords:** Rheumatoid arthritis; Peptidylarginine deiminase 4 (*PADI4*) gene; Single nucleotide polymorphism; Genetic susceptibility; Anti-CCP antibodies.

III. INTRODUCTION

Rheumatoid arthritis (RA) is a common autoimmune disease that is associated with progressive disability, systemic complications, early death, and socioeconomic costs, affecting approximately 0.5-1 % of the adult population worldwide (1) and 1.6% of the Mexican population (2). It is characterized by synovial inflammation, hyperplasia, autoantibody production (rheumatoid factor and anti-citrullinated protein antibody [ACPA]), cartilage and bone destruction (“deformity”), and systemic features, including cardiovascular, pulmonary, psychological, and skeletal disorders (3). The etiology of RA to date is unknown, however, according to the main hypothesis, both genetic and environmental factors contribute to RA susceptibility (4).

The genetic component of RA pathogenesis may account for up to 60% (5), and the locus believed conclusively to be associated with RA is the Human Leukocyte Antigen-DRB1 (*HLA-DRB*), which accounts for about one-third of the genetic component (6). To date, additional candidate genes outside of the HLA region have been investigated to identify new RA susceptibility loci (7). The peptidylarginine deiminase 4 (*PADI4*) gene was the first non-HLA genetic risk factor known to be associated with RA, especially in Japanese population (8,9). Nevertheless, an association has also been observed in Korean and North American populations (10,11), and similarly, our research group recently found an association in a western Mexican population (12).

The *PADI4* gene is located on chromosome 1 (1p36) and encodes the type 4 peptidylarginine deiminase enzyme which catalyzes the post-translational modifications of proteins by conversion of arginine to citrulline producing citrullinated proteins (13) which are a target of anti-citrullinated peptide antibodies (ACPA) (14), currently the most

sensitive (~80%) and specific (>95%) serological markers for RA (12). The first association of *PADI4* gene with RA, was reported by Suzuki et al. in a Japanese population; they observed that four *PADI4* gene single nucleotide polymorphisms (SNPs: *PADI4_89*, *PADI4_90*, *PADI4_92* and *PADI4_104*) were in linkage disequilibrium and thus two main haplotypes were identified and defined as “susceptible” or “non-susceptible” for RA (8). Since this first positive association, several studies have been performed in order to replicate the association between *PADI4* and RA (5). Considering these facts, the aim of this study was to analyze the association of the *PADI4_89*, *PADI4_90* and *PADI4_92* *PADI4* gene SNPs and haplotypes with RA and evaluate the relationship between anti-CCP status and *PADI4* gene SNPs and haplotypes for RA susceptibility in a population from southern Mexico.

IV. MATERIALS AND METHODS

Study population

This case-control study involved 200 RA patients and 200 control subjects (CS). RA patients were recruited from the Rheumatology Department at the Hospital General of Chilpancingo “Dr. Raymundo Abarca Alarcón”, Chilpancingo de los Bravo, State of Guerrero, Mexico and all fulfilled the 2010 American College of Rheumatology/European League Against Rheumatism classification criteria for RA (15). Spanish HAQ-DI (Spanish version of the health assessment questionnaire disability index) (16) and DAS28 (disease activity score using 28 joint counts) scores (17) were applied to RA patients in order to measure the functional disability and clinical activity, respectively. The CS group comprised healthy individuals (identified by self-report) recruited from the general population. RA patients and CS were unrelated individuals from the same Mexican population. To prevent population heterogeneity, only Mexican Mestizo subjects with Mexican ancestors at least back to the third generation were enrolled from southern Mexico. Informed written consent was obtained from all subjects before their enrollment to the study. The investigation was performed according to the ethical guidelines stated on the Declaration of Helsinki and was approved by the Ethics Committee of the Hospital General of Chilpancingo “Dr. Raymundo Abarca Alarcón”, Chilpancingo de los Bravo, State of Guerrero, Mexico.

Laboratory assessment and quantification of antibodies

Erythrocyte sedimentation rate (ESR) and C-reactive protein (CRP), were quantified by the Wintrobe method and by a turbidimetric assay (Mindray, BS-120, Chemistry Baños-Hernández C. J.

Analyzer, Shenzhen, China). Rheumatoid factor (RF) was measured by a turbidimetric assay (Mindray, BS-120, Chemistry Analyzer, Shenzhen, China) according to the manufacturer's instructions. Individuals with values >30 IU/mL were considered as RF positive. Anti-Cyclic citrullinated peptide (anti-CCP) antibodies (IgG) were measured with a second-generation enzyme-linked immunosorbent assay (ELISA) according to the manufacturer's recommendations (Anti-CCP, DIASTATTM, Axis-Shield Diagnostics Limited, Dundee, Scotland, UK). Samples with values above the calibration curve were diluted and measured again. A cut off of >5 U/mL was used as a stringent criterion for positive anti-CCP values.

PADI4 Gene Polymorphisms Genotyping

The *PADI4_89* (rs11203366), *PADI4_90* (rs11203367) and *PADI4_92* (rs874881) *PADI4* gene SNPs were analyzed by polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) system. The primers used in this study were those reported by Cantaert et al. (18). Since the *PADI4* 89G>A and 90T>C polymorphisms are in proximate sequences, a single PCR reaction was performed for the amplification of both polymorphic fragments using the following primers: 5'TTGTCCACAGCTCTGCC3' (Sense) and 5'ACACTGCCACCCCCACAG3' (Antisense); the reaction was carried out in a final volume of 25 µl containing 0.12 µM of each primer, 100 ng of gDNA, 1.5 U of *Taq* DNA polymerase (InvitrogenTM life technologies, USA), 1X enzyme supplied buffer, 4.5 mM MgCl₂, 1.4 M Betaine (SIGMA Life Science) and 0.1 mM of dNTPs (InvitrogenTM life technologies, USA) under the following conditions: initial denaturation at 94°C for 3 m, followed by 35 cycles of 30 s at

94°C, 30 s at 68°C and 30 s at 72°C each, with an ending extension step of 3 m at 72 °C. The resultant 221 bp fragment was later digested in separate reactions with the *BtgI* enzyme or with the *MscI* enzyme (New England, BioLabs, Inc.) for the identification of the *PADI4* 89G>A and 90T>C polymorphisms, respectively. The digested products were then electrophoresed on a 6% polyacrylamide gel (29 acrylamide: 1 bisacrylamide) and stained with 2% AgNO₃. In the *PADI4* 89G>A polymorphism, the G allele was identified by 2 fragments (144 and 77 bp) and the A allele was recognized as a 221 bp fragment, whereas in the *PADI4* 90T>C polymorphism, the T allele was represented by 2 fragments (165 and 56 bp) and a single 221 bp fragment represented the C allele.

Considering the *PADI4* 92G>C genotyping, PCR was carried out using the following primers (18): 5'GTTCAAGATTCATACTACGGACC3' (Sense) and 5'GGGATGAGACGGCACTC3' (Antisense) in a final volume of 15 µl containing 0.12 µM of each primer, 100 ng of gDNA, 0.65 U Taq DNA polymerase (Invitrogen™ life technologies, USA), 1X enzyme supplied buffer, 2.5 mM MgCl₂ and 0.18 mM dNTPs (Invitrogen™ life technologies, USA) under the following conditions: initial denaturation at 94°C for 3 m, followed by 30 cycles of 30 s at 94°C, 30 s at 66°C and 30 s at 72°C, then a final extension of 3 m at 72°C. The PCR product resulted in a 106 bp fragment that was later digested with the *MspI* restriction endonuclease (New England BioLabs, Inc.). The products were then electrophoresed on a 6% polyacrylamide gel and stained with AgNO₃. The G allele was represented as two fragments (59 and 47 bp) while the C allele resulted in single fragment of 106 bp. A 50 bp molecular weight standard (Invitrogen™ life technologies, USA) and the corresponding positive and negative controls for each *PADI4* gene SNPs were loaded on polyacrylamide gels.

Statistical analysis

For the descriptive analysis, nominal variables were expressed as frequencies, and continuous variables not normally distributed were expressed as medians and 5 to 95 percentiles. Hardy-Weinberg equilibrium and comparisons of allele and genotype distributions between groups were evaluated with the χ^2 test or Fisher exact test, as appropriate. Haplotypes were reconstructed using the SHEsis software (a powerful platform for linkage disequilibrium analyses, haplotype construction and genetic association at polymorphism loci) (19). The odds ratio (OR) and 95% confidence interval (95% CI) were estimated to analyze the risk of *PADI4* genotypes and haplotypes associated with RA. Differences in clinical parameters among groups were evaluated by the Wilcoxon-Mann-Whitney test, as appropriate. Statistical analysis was performed using STATA Software v11.0. A probability (*p*) value of less than 0.05 was considered significant.

V. RESULTS

Demographic and clinical features

The demographic and clinical data of RA patients and CS are shown in Table 1. The median age in both groups, RA patients and CS was 46.5 and 47 years, respectively, and 94% were female in both groups, since they were matched by age and sex. For RA patients at the time of the inclusion, the median of disease evolution was 6 years with moderate disease activity (DAS28: median=2.8) as well as they presented some functional disability to perform any daily activity (HAQ-DI: median=0.23), and they were treated mainly with disease-modifying antirheumatic drugs (DMARDs) and non-steroidal anti-inflammatory drugs (NSAIDs). RF and anti-CCP antibodies were positive in 87% and 88% of RA patients, while only 4% and 2.7% of the CS were positive for RF and anti-CCP antibodies, respectively. In regards to the laboratory assessment, RA patients showed significantly higher levels of acute phase reactants (ESR and CRP), anti-CCP antibodies, and RF in comparison with CS ($p < 0.001$; Table 1).

Frequency of PADI4 gene polymorphisms and haplotype analysis in both study groups

The distribution of genotypic and allelic frequencies of the *PADI4_89* (rs11203366), *PADI4_90* (rs11203367) and *PADI4_92* (rs874881) gene SNPs in RA patients and CS is shown in Table 2. The 3 exonic *PADI4* gene SNPs were in Hardy-Weinberg Equilibrium in the CS group ($p > 0.05$; data not shown). We found significant differences in genotype and allele frequencies between RA patients and CS for each of the 3 *PADI4* gene SNPs analyzed, which confirmed an association of these SNPs in the *PADI4* gene with an

increased risk of RA in our study population from southern Mexico. In addition, a strong linkage disequilibrium among the 3 *PADI4* gene SNPs was identified (LD values 0.93, 0.91 and 0.97; $p<0.0001$) (Figure 1).

Based on this finding, it was of our interest to perform a haplotype analysis with data of these polymorphisms in RA patients and CS (Table 3). We identified six different haplotypes in our population, where the ACC and GTG haplotypes were the most frequent, representing 94.9% and 96% in RA patients and CS, respectively. Therefore, we carried out the distribution analysis of these two common haplotypes, and the GTG haplotype was found more frequently in RA patients than CS, thus confirming its association as a “susceptible” haplotype in our study population (OR 1.36, 95% CI 1.02-1.80; $p=0.03$). In addition, when we analyzed the homozygous haplotype carriers (GTG/GTG vs ACC/ACC), we found that the magnitude of the association increased (OR 2.27, 95% CI 1.18-4.41; $p= 0.008$) (Table 3).

Demographic and clinical characteristic and laboratorial assessment according to the polymorphisms and haplotype of the PADI4 gene in RA patients

Considering the demographic and clinical characteristics as well as the laboratorial assessment with the 3 *PADI4* gene SNPs, we did not find any associations between the *PADI4_92* SNP and the different characteristics evaluated (data not shown). Nevertheless, a significant and marginal association in the Spanish HAQ-DI score was observed for the *PADI4_89* and *PADI4_90* SNPs respectively ($p= 0.04$ and $p= 0.05$, respectively; data not shown). In addition, we stratified RA patients according to anti-CCP antibody status, and in the group of seropositive patients for anti-CCP antibodies

we observed an increased risk for RA in each of the *PADI4* gene SNPs (*PADI4_89*: OR 1.80, 95% CI 1.01-3.20, $p= 0.03$; *PADI4_90*: OR 1.80, 95% CI 1.01-3.20, $p= 0.03$ and *PADI4_92*: OR 1.89, 95% CI 1.05-3.41, $p= 0.02$) (Table 4). In regards to the possible association of the “susceptible” haplotype of *PADI4* (GTG) with the demographic, clinical and laboratorial assessment characteristics in RA patients, we analyzed the homozygous haplotype carriers (ACC/ACC vs GTG/GTG), and we did not find significant differences in this Southern Mexico population, however, a slight tendency to a significant association with the functional disability (Spanish HAQ-DI score) was observed ($p= 0.05$; data not shown).

VI. DISCUSSION

Rheumatoid arthritis is characterized by persistent synovitis, systemic inflammation, and presence of autoantibodies. To date, we know that approximately 60% of the risk for developing RA is attributable to genetic factors (20). Within the past years, genetic studies have produced a rapidly growing list of risk loci for RA. The HLA region, considered the most important region which contributes approximately to half of the genetic susceptibility for RA. Nevertheless, others variants in potentially pathogenic genes located in non-HLA regions have been implicated; these genes include *PTPN22*, *STAT4* and *PADI4* (21). The *PADI4* gene, has been of particular interest for the pathogenesis of RA, since the *PADI4* enzyme catalyzes the change from peptidylarginine to peptidylcitrulline, a target of anti-CCP antibodies through a post-translational modification process referred to as citrullination (14).

The association of *PADI4* gene with RA susceptibility was first reported in a Japanese population (8) and this association has been replicated in several populations including Korean (11,22), Chinese (23), German (24) and North American populations (10); while such an association has not been replicated in other populations, among them England (25-27), French (28), Spanish (29) and Indian populations (30); some studies revealed low magnitude associations in populations of European descent in comparison to populations of Asian descent according to a meta-analysis by Iwamoto (31).

The genetic heterogeneity observed between different populations could be partly explained by the difference of disease severity between the study populations. Therefore, there is a need to further investigate the impact of genetic variations in *PADI*-associated genes in additional populations. Since ethnic differences are likely to go

hand in hand with various environmental exposures, it is useful to study distinctive populations with certain similarities within their genetic background and contribute to a better understanding of the complex etiology and genetic factors involved in RA (14,32). Recently, in a study by our research group *PADI4* gene SNPs were found to be associated with susceptibility to RA in a western Mexican population (12), where the previously reported ancestry in this population was mainly European (60-64%), followed by Amerindian (25-21%), and African (~ 15%) (33). Based on the above, in the present study it was in our interest to evaluate whether the *PADI4_89*, *PADI4_90* and *PADI4_92* gene SNPs are associated with RA susceptibility in a southern Mexican population, since the ancestry of this population has been described as being mainly Amerindian (48%), European (38%), Euroasian (10%) and African (4%) (34). Therefore, we considered of primary importance to test if the genetic contribution of *PADI4* to RA susceptibility is also replicated in other Mexican populations with similar genetic background. Additionally, the relationship of the *PADI4* gene SNPs and haplotypes with anti-CCP levels and clinical characteristics was also analyzed; and in accordance with other authors and our recent research, we demonstrated a strong significant association between *PADI4_89*, *PADI4_90* and *PADI4_92* *PADI4* gene SNPs with RA susceptibility, since both the risk allele and the genotype of the 3 different SNPs were significantly more frequent in RA patients than controls, confirming that these polymorphisms provide an increased risk for RA.

The genotypic and allelic frequencies reported for Japanese (8) and western Mexican populations (12) were similar in the present study. We also observed that the three *PADI4* gene polymorphisms studied are in strong linkage disequilibrium for this

population ($LD > 0.9$), which suggests that these three genetic markers can be analyzed as a panel and not only by their single allele or genotype frequencies. Thus, when the haplotype analysis was performed, we found that the ACC and GTG haplotypes were the most frequent in our population representing approximately 95.5% of the total population. In addition, we observed a significant association between the susceptibility haplotype (GTG) with RA. This same association was previously reported in Japanese, Korean and western Mexican populations (8,11,12,22).

Regarding the association of *PADI4* gene SNPs and haplotypes with clinical, demographic and laboratorial data of RA patients in our study, no significant differences were observed. However, a significant and marginal association in the functional disability (Spanish HAQ-DI score) was detected for the *PADI4_89* and *PADI4_90* SNPs respectively, similar for the susceptible haplotype (GTG) where we found a slight tendency towards a significant association with the functional disability. In contrast with the previous report by our research group, where an association between *PADI4* haplotypes with disease onset (≤ 40 years) of RA from a western Mexican population was observed, a higher percentage in GTG haplotype carriers, than non-susceptibility carriers (ACC), was shown (12).

In addition, we evaluated the relationship between anti-CCP (+) status and *PADI4* individual SNPs for RA susceptibility in a population from southern Mexico and confirmed that in patients who were seropositive for anti-CCP antibodies, the presence of the susceptibility genotypes of the three *PADI4* gene SNPs increases the risk for RA development, but not in RA patients who were seronegative for this autoantibody. Nevertheless, we did not find a significant association between anti-CCP serum levels

with susceptibility genotypes and haplotypes of the *PADI4* gene polymorphisms. These results are in disagreement with the previously reported in a western Mexico population, where an important finding was the association between anti-CCP serum levels and the *PADI4* polymorphisms and the susceptibility haplotype (GTG) (12). These findings suggest that these differences could be influenced by the genetic background of populations with different ancestry.

Suzuki et al. reported for the first time that the susceptibility haplotype carriers are more likely to be positive for antibodies to citrullinated filaggrin in comparison to non-susceptibility haplotype carriers (8); a similar association was reported with anti-CCP levels and *PADI4* susceptibility haplotype, specifically at early stages of disease (<34 months) (35). These findings support the hypothesis that *PADI4* susceptibility haplotype, which leads to three amino acid substitutions at the protein level, could enhance citrullination of proteins, creating neo-epitopes that subsequently in a predisposed individual, will lead to the production of anti-CCP antibodies and the development of RA (12).

In conclusion, our replication study from a southern Mexican population suggests that *PADI4* individual polymorphisms and the susceptibility haplotype are also genetic risk markers for RA and confirm that in combination with anti-CCP (+) antibodies, these SNPs influence the autoimmune processes towards RA development in this population. Moreover, we hope to encourage other research groups to replicate this study in different regions and ethnic groups in Mexico in order to acquire a broader understanding of the influence of ethnicity on RA susceptibility.

Conflict of interest

The authors declare no conflicts of interest related to this study

Acknowledgements

The study was supported by funding from the National Council of Science and Technology (CONACYT) Grant No. 161749 (Fondo Sectorial Secretaría de Salud-IMSS-ISSSTE-CONACYT-México-Universidad de Guadalajara) assigned to JFMV.

VII. REFERENCES

1. Kurkó J, Besenyei T, Laki J, Glant TT, Mikecz K, Szekanecz Z. Genetics of Rheumatoid Arthritis- A Comprehensive Review. *Clin Rev Allergy Immunol.* 2013; 45(2): 170–179.
2. Peláez-Ballestas I, Sanin LH, Moreno-Montoya J, et al. Epidemiology of the Rheumatic Diseases in Mexico. A Study of 5 Regions Based on the COPCORD Methodology. *J Rheumatol Suppl.* 2011;86;3-8.
3. McInnes IB, Schett G. The pathogenesis of rheumatoid arthritis. *N Engl J Med.* 2011; 365(23):2205-19.
4. Liao KP, Alfredsson L, Karlson EW. Environmental influences on risk for rheumatoid arthritis. *Curr Opin Rheumatol* 2009;21:279–83.
5. Abd-Allah SH, el-Shal AS, Shalaby SM, et al. PADI4 polymorphisms and related haplotype in rheumatoid arthritis patients. *Joint Bone Spine.* 2012; 79(2):124-8.
6. Chen R, Wei Y, Cai Q, et al. The PADI4 gene does not contribute to genetic susceptibility to rheumatoid arthritis in Chinese Han population. *Rheumatol Int* 2011; 31:1631–1634.
7. Ikari K, Kuwahara M, Nakamura T, et al. Association Between PADI4 and Rheumatoid Arthritis: a replication study. *Arthritis Rheum.* 2005; 52 (10): 3054–3057.
8. Suzuki A, Yamada R, Chang X, et al. Functional haplotypes of PADI4, encoding citrullinating enzyme peptidylarginine deiminase 4, are associated with rheumatoid arthritis. *Nat Genet* 2003;34:395–402.

9. Chang X, Yamada R, Suzuki A, et al. Localization of peptidylarginine deiminase 4 (PADI4) and citrullinated protein in synovial tissue of rheumatoid arthritis. *Rheumatology (Oxford)* 2005;1:40–50.
10. Plenge RM, Padyukov L, Remmers EF, et al. Replication of putative candidate-gene associations with rheumatoid arthritis in >4000 samples from North America and Sweden: association of susceptibility with PTPN22, CTLA4, and PADI4. *Am J Hum Genet* 2005; 77:1044–60.
11. Kang CP, Lee HS, Ju H, Cho H, Kang C, Bae SC. A functional haplotype of the PADI4 gene associated with increased rheumatoid arthritis susceptibility in Koreans. *Arthritis Rheum* 2006;54:90–6.
12. Guzmán-Guzmán IP, Reyes-Castillo Z, Muñoz-Barrios S, et al. Polymorphisms and functional haplotype in PADI4: Further evidence for contribution on rheumatoid arthritis susceptibility and anti-cyclic citrullinated peptide antibodies in a western Mexican population. *Immunol Lett* 2015; 163(2):214-20.
13. Mohan VK, Ganesan N, Gopalakrishnan R. Association of susceptible genetic markers and autoantibodies in rheumatoid arthritis. *J Genet* 2014;93(2):597-605.
14. Too CL, Murad S, Dhaliwal JS, et al. Polymorphisms in peptidylarginine deiminase associate with rheumatoid arthritis in diverse Asian populations: evidence from MyEIRA study and meta-analysis. *Arthritis Res Ther* 2012;14(6):R250.
15. Aletaha D, Neogi T, Silman AJ, et al. Rheumatoid arthritis classification criteria: an American College of Rheumatology/European League Against Rheumatism collaborative initiative. *Arthritis Rheum*. 2010; 62(9):2569-81.

16. Cardiel M, Abello-Banfi M, Ruiz-Mercado R, Alarcon-Segovia D. How to measure health status in rheumatoid arthritis in non-English speaking patients: validation of a Spanish version of the Health Assessment Questionnaire Disability Index (Spanish HAQ-DI). *Clin Exp Rheumatol* 1993;11:117–21.
17. Leeb BF, Andel I, Sautner J, et al. Disease activity measurement of rheumatoid arthritis: comparison of the simplified disease activity index (SDAI) and the disease activity score including 28 joints (DAS28) in daily routine. *Arthritis Rheum* 2005; 53:56–60.
18. Cantaert T. Functional haplotypes of PADI4: relevance for rheumatoid arthritis specific synovial intracellular citrullinated proteins and anticitrullinated protein antibodies. *Ann Rheum Dis* 2005;64:1316–20.
19. Shi YY, He L. SHEsis, a powerful software platform for analyses of linkage disequilibrium, haplotype construction, and genetic association at polymorphism loci. *Cell Res* 2005;15(2):97-8.
20. Scott DL, Wolfe F, Huizinga TWJ. Rheumatoid arthritis. *Lancet* 2010; 376: 1094–1108.
21. Perricone C, Ceccarelli F, Valesini G. An overview on the genetic of rheumatoid arthritis: a never-ending story. *Autoimmun Rev.* 2011; 10(10):599-608.
22. Bang SY, Han TU, Choi CB, Sung YK, Bae SC, Kang C. Peptidyl arginine deiminase type IV (PADI4) haplotypes interact with shared epitope regardless of anti-cyclic citrullinated peptide antibody or erosive joint status in rheumatoid arthritis: a case control study. *Arthritis Res Ther* 2010;12:R115.

23. Fan LY, Wang WJ, Wang Q, et al. A functional haplo-type and expression of the PADI4 gene associated with increased rheumatoidarthritis susceptibility in Chinese. *Tissue Antigens* 2008;72:469–73.
24. Hoppe B, Haupl T, Gruber R, et al. Detailed analysis of the variability of peptidylarginine deiminase type 4 in Ger-man patients with rheumatoid arthritis: a case-control study. *Arthritis Res Ther* 2006;8:R34.
25. Barton A, Bowes J, Eyre S, et al. A functional hap-lotype of thePADI4 gene associated with rheumatoid arthritis in a Japanesepopulation is not associated in a United Kingdom population. *Arthritis Rheum* 2004;50:1117–21.
26. Harney SMJ, Meisel C, Sims AM, Woon PY, Wordsworth BP, Brown MA. Genetic and genomic studies of PADI4 in rheumatoid arthritis. *Rheumatology (Oxford)* 2005;44:869–72.
27. Burr ML, Naseem H, Hinks A, et al. PADI4 genotype is not associated with rheumatoid arthritis in a large UK Caucasian population. *Ann Rheum Dis* 2010;69:666–70.
28. Caponi L. A family based study shows no association between rheumatoidarthritis and the PADI4 gene in a white French population. *Ann Rheum Dis* 2005;64:587–93.
29. Martinez A. PADI4 polymorphisms are not associated with rheumatoid arthritisin the Spanish population. *Rheumatology (Oxford)* 2005;44:1263–6.
30. Panati K, Pal S, Rao KV, Reddy VD. Association of single nucleotide polymorphisms (SNPs) of PADI4 gene with rheumatoid arthritis (RA) in Indian population. *Genes Genet Syst* 2012; 87(3):191-6.

31. Iwamoto T. Association between PADI4 and rheumatoid arthritis: a meta-analysis. *Rheumatology (Oxford)* 2006; 45:804–7.
32. Kochi Y, Suzuki A, Yamada R, Yamamoto K. Ethnogenetic heterogeneity of rheumatoid arthritis—implications for pathogenesis. *Nat Rev Rheumatol* 2010; 6:290–5.
33. Rangel-Villalobos H, Muñoz-Valle JF, González-Martín A, Gorostiza A, Magaña MT, Páez-Riberos LA. Genetic admixture, relatedness, and structure patterns among Mexican populations revealed by the Y-chromosome. *Am J Phys Anthropol* 2008;135(4):448-61.
34. Martínez-Cortés G, Salazar-Flores J, Fernández-Rodríguez LG, Rubi-Castellanos R, Rodríguez-Loya C, Velarde-Félix JS, Muñoz-Valle JF, Parra-Rojas I, Rangel-Villalobos H. Admixture and population structure in Mexican-Mestizos based on paternal lineages. *J Hum Genet* 2012;57(9):568-74.
35. Cha S, Choi C-B, Han T-U, Kang CP, Kang C, Bae S-C. Association of anti-cyclic citrullinated peptide antibody levels with PADI4 haplotypes in early rheumatoid arthritis and with shared epitope alleles in very late rheumatoid arthritis. *Arthritis Rheum* 2007;56:1454–63.

VIII. TABLES AND FIGURE

Table 1. Clinical and demographic characteristics of the RA patients and CS

Variables	RA (n=200)	CS (n=200)	P
Demographics			
Age (yrs) ^a	46.5 (26.5-69)	47 (28-70)	0.98
Gender % (n)			1.0
Male	6 (12)	6 (12)	
Female	94 (188)	94 (188)	
Wood smoke exposure % (n)	53 (106)	31.5 (63)	<0.001
Smoking % (n)	10 (20)	18.5 (37)	0.01
Clinical assessment			
Disease evolution (yrs) ^a	6 (1-22.5)	-	
DAS28 score ^a	2.8 (1.85-6.64)	-	
DAS28 % (n)			
Remission (<2.6)	37 (74)	-	
Low activity ($\geq 2.6 < 3.2$)	23.5 (47)	-	
Moderate activity ($\geq 3.2 < 5.1$)	27.5 (55)	-	
High activity (≥ 5.1)	12 (24)	-	
Spanish HAQ-DI, 0-3 scale ^a	0.23 (0-1.73)	-	
ESR (mm/h) ^a	34 (12-56)	27 (6.5-46.5)	<0.001
CRP (mg/L) ^a	15.8 (3.45-101.95)	10.7 (2.5-46.5)	<0.001
RF (UI/mL) ^a	173.87 (3.5-300)	0 (0-14.9))	<0.001
RF % (n)			<0.001
Negative (<20 UI/mL)	13 (26)	96 (192)	
Positive (≥ 20 UI/mL)	87 (174)	4 (8)	
anti-CCP (U/mL) ^a	107 (0-900)	0 (0-3)	<0.001
anti-CCP % (n)			<0.001
Negative (≤ 5 U/mL)	11.6 (23)	95.3 (142)	
Low positive (5.1-14.9 U/mL)	8 (16)	2 (3)	
High positive (≥ 15 U/mL)	80.4 (160)	2.7 (4)	
Drug treatment % (n)			
NSAIDs	57 (114)	-	
Steroids (Prednisone)	41 (82)	-	
DMARDs			
Azulfidine (Sulfasalazine)	18 (36)	-	
Chloroquine	39 (77)	-	
Methotrexate	70 (139)	-	

^a Data provided in median (p5-p95). The p values were calculated by X^2 test or Wilcoxon-Mann-Whitney test, as appropriate. RA, rheumatoid arthritis; CS, control subjects; DAS28, disease activity score 28; Spanish HAQ-DI, Spanish version of health assessment questionnaire disability index; ESR, erythrocyte sedimentation rate; CRP, C reactive protein; RF, rheumatoid factor; anti-CCP, anti-cyclic citrullinated peptide antibody; NSAIDs, non-steroidal anti-inflammatory drugs; DMARDs, disease modifying anti-rheumatic drugs.

Table 2. Genotypic and allelic frequencies of the three *PADI4* SNPs among RA patients and CS.

	RA n= 200 % (n)	CS n= 200 % (n)	OR (95% CI)	p ^b
<i>PADI4 89G>A</i>				
GG	28.0 (56)	24.0 (48)	1.89 (1.02-3.50)	0.02
GA	55.0 (110)	48.5 (97)	1.83 (1.07-3.15)	0.01
AA ^a	17.0 (34)	27.5 (55)	1	-
<i>Allele</i>				
G	55.5(222)	48.2 (193)	1.34 (1.00-1.78)	0.04
A	44.5 (178)	51.8 (207)	1	-
<i>PADI4 90T>C</i>				
TT	28.5 (57)	24.0 (48)	1.92 (1.04-3.56)	0.02
TC	54.5 (109)	48.5 (97)	1.82 (1.06-3.13)	0.02
CC ^a	17.0 (34)	27.5 (55)	1	-
<i>Allele</i>				
T	55.8 (223)	48.2 (193)	1.35 (1.01-1.80)	0.03
C ^a	44.2 (177)	51.8 (207)	1	-
<i>PADI4 92G>C</i>				
GG	28.5 (57)	24.5 (49)	1.90 (1.03-3.54)	0.02
GC	55.0 (110)	48.5 (97)	1.86 (1.08-3.20)	0.01
CC ^a	16.5 (33)	27.0 (54)	1	-
<i>Allele</i>				
G	56.0 (224)	48.8 (195)	1.34 (1.00-1.78)	0.04
C ^a	44.0 (176)	51.2 (205)	1	-

RA, rheumatoid arthritis; CS, control subjects; OR, odds ratio; 95% CI, 95% confidence interval.

^a Reference genotype.

^b p Values were calculated by logistic regression comparisons with the reference category.

Table 3. Haplotype frequencies of the three *PADI4* SNPs in RA and CS.

Haplotypes				AR n = 400 % (n)	CS n = 400 % (n)	OR (95% CI)	P
H1	A	C	C	41.7 (167)	49.5 (198)	1	-
H2	G	T	G	53.2 (213)	46.5 (186)	1.36 (1.02-1.80)	0.03
H3	A	C	G	2.5 (10)	1.3 (5)	-	-
H4	A	T	G	0.3 (1)	1.0 (4)	-	-
H5	G	C	C	0	1.0 (4)	-	-
H6	G	T	C	2.3 (9)	0.7 (3)	-	-
Homozygous haplotype							
H1 ^a	A-C-C/A-C-C			33.7 (27)	53.7 (51)	1	-
H2	G-T-G/G-T-G			66.3 (53)	46.3 (44)	2.27 (1.18-4.41)	0.008

RA, rheumatoid arthritis; CS, control subjects; H, haplotype; OR, odds ratio; 95% CI, 95% confidence interval; NA, not applicable.

^aThe p value for the GTG haplotype and the GTG/GTG homozygous haplotype were calculated by logistic regression comparison with the reference haplotype ACC and ACC/ACC homozygous haplotype, respectively.

Table 4. Frequencies of the *PADI4* genotypes in RA stratified according to anti-CCP antibodies status.

	anti-CCP (+) (n= 176)	CS (n= 149)	OR (95% IC)	p	anti-CCP (-) (n= 23)	CS (n= 149)	OR (95% IC)	p
<i>PADI4</i>								
89G>A								
GG+GA % (n)	83.5 (147)	73.8 (110)	1.80 (1.01- 3.20)	p= 0.03	78.3 (18)	73.8 (110)	1.27 (0.41- 4.69)	p= 0.65
^a AA % (n)	16.5 (29)	26.2 (39)	1		21.7 (5)	26.2 (39)	1	
<i>PADI4 90T>C</i>								
TT+TC % (n)	83.5 (147)	73.8 (110)	1.80 (1.01- 3.20)	p= 0.03	78.3 (18)	73.8 (110)	1.27 (0.41- 4.69)	p= 0.65
^a CC % (n)	16.5 (29)	26.2 (39)	1		21.7 (5)	26.2 (39)	1	
<i>PADI4 92G>C</i>								
GG+GC % (n)	84.7 (149)	74.5 (111)	1.89 (1.05- 3.41)	p= 0.02	74.0 (17)	74.5 (111)	0.97 (0.33- 3.22)	p= 0.95
^a CC % (n)	15.3 (27)	25.5 (38)	1		26.0 (6)	25.5 (38)	1	

RA, rheumatoid arthritis; CS, control subjects; OR, odds ratio; 95% CI, 95% confidence interval.

* Referred as subgroups of rheumatoid arthritis patients

^a Reference genotype

^b p Values were calculated by logistic regression comparisons with the reference category

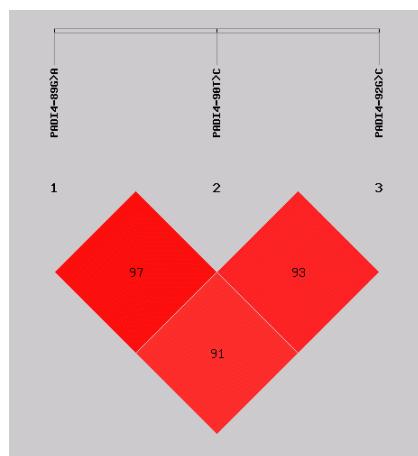


Figure 1. Linkage disequilibrium test of PADI4 SNPs. Haplotype frequencies and linkage disequilibrium (LD) were calculated using SHEsis software. A D' value of 100 indicates a complete LD between two markers and a D' value of 0 indicates complete linkage equilibrium. The darker the cell, the greater the linkage disequilibrium between the SNPs. rs11203366: PADI4 89G>A; rs11203367 PADI4 90T>C; rs874881 PADI4 92G>C.

IX. ANNEXES

Anexo 1.

Criterios para el diagnóstico y la clasificación de AR (ACR/EULAR 2010)

Población objetivo que debe examinarse, pacientes que:

- 1) Tengan al menos una articulación inflamada
- 2) Siempre y cuando la sinovitis no tenga otra explicación

Se necesita una puntuación >6/10 para la clasificación de un paciente con AR definida

CRITERIO	PUNTAJE
A. Articulaciones involucradas	
1 articulación grande	0
2-3 articulaciones grandes	1
1-3 articulaciones pequeñas(con o sin involucro de articulaciones grandes)	2
4-10 articulaciones pequeñas(con o sin involucro de articulaciones grandes)	3
> 10 articulaciones (por lo menos una articulación pequeña)	5
B. Serología	
FR negativo y ACPA negativo	0
FR bajo positivo o ACPA bajo positivo	2
FR alto positivo o ACPA alto positivo	3
C. Reactantes de fase aguda	
pCr y VSG normales	0
pCr o VSG anormales	1
D. Duración de los síntomas	
< 6 semanas	0
≥ 6 semanas	1

FR, factor reumatoide; ACPA, anticuerpos contra proteína citrulinada; pCr, proteína C reactiva; VSG, velocidad de sedimentación globular.

(Modificado de Aletaha, 2010)

Anexo 2. Carta de consentimiento informado



UNIVERSIDAD AUTÓNOMA DE GUERRERO
UNIDAD ACADÉMICA DE CIENCIAS QUÍMICO BIOLÓGICAS
UNIDAD ACADÉMICA DE MEDICINA-UIEM
MAESTRÍA EN CIENCIAS BIOMÉDICAS

CARTA DE CONSENTIMIENTO INFORMADO

Por medio de la presente acepto participar en el proyecto de investigación titulado:
Asociación de los polimorfismos 89G/A, 90T/C y 92G/C del gen PADI4 con anticuerpos anti-CCP en artritis reumatoide del Sur de México.

Se me ha explicado que mi participación consistirá en **responder un cuestionario y una toma de sangre periférica por punción venosa**. Declaro que se me ha informado ampliamente sobre los posibles riesgos, inconvenientes y molestias derivados de mi participación en el estudio, como **la posible formación de un hematoma en la zona de punción**.

El investigador principal se ha comprometido a darme información oportuna sobre cualquier procedimiento alternativo adecuado que pudiera ser ventajoso para mi tratamiento, así como a responder mis preguntas y aclarar cualquier duda que tenga acerca de los procedimientos que se llevarán a cabo o cualquier otro asunto relacionado con la investigación. Además de que me ha dado seguridades de que mi identidad no será divulgada en las presentaciones o publicaciones que deriven de este estudio y de que los datos personales que proporcione serán manejados en forma confidencial.

NOTA: El número telefónico al que se podrá comunicarse para cualquier emergencia o dudas: (044) 7471405468.

Lugar y fecha: _____

Paciente

Responsable

Nombre y firma del paciente

Q.B.P. Christian Johana Baños Hernández

C. P. 8251355

Investigadores Principales

Dr. en C. José Francisco Muñoz Valle
Doctor en Biología Molecular en Medicina

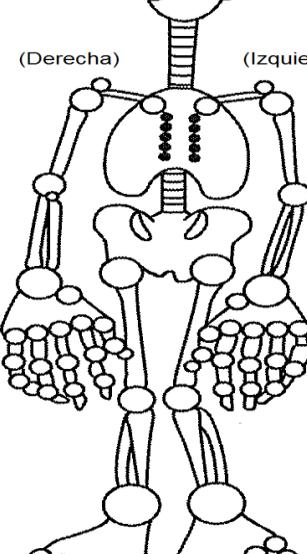
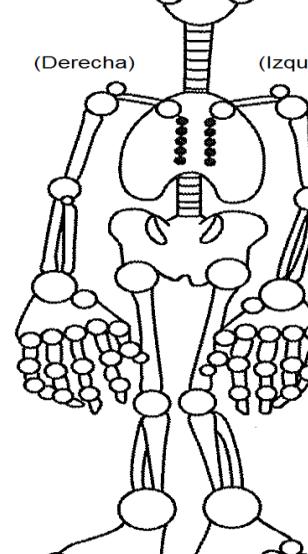
Dr. José Eduardo Navarro Zarza
Medicina Interna – Reumatología

Anexo 3.

DAS28 (Disease Activity Score 28-joint counts)

Nombre del paciente: _____ **Fecha:** _____

ESCALA ANÁLOGA VISUAL DEL PACIENTE											
DOLOR:											
Por favor marque en esta escala el número que corresponda a su dolor:											
0	1	2	3	4	5	6	7	8	9	10	
Sin dolor					Con dolor					Dolor insopportable	

ÍNDICE ARTICULAR DEL PACIENTE	
Rellene los círculos que representan las articulaciones afectadas	
Dolor	Inflamación
 <p>(Derecha) (Izquierda)</p>	 <p>(Derecha) (Izquierda)</p>
No. total de articulaciones con dolor:	Total de articulaciones inflamadas:

Anexo 4.

Health Assessment Questionnaire (HAQ)

Nombre del paciente: _____ **Folio:** _____

INSTRUCCIONES: Por favor marque con una “X” la respuesta que mejor describa su capacidad para hacer las cosas o sus habilidades usuales.

	Durante la última semana, ¿ha sido usted capaz de...	Sin dificultad	Con alguna dificultad	Con mucha dificultad	Incapaz de hacerlo
Vestirse y asearse	1) Vestirse solo, incluyendo abrocharse los botones y atarse los cordones de los zapatos?				
	2) Enjabonarse la cabeza?				
Levantarse	3) Levantarse de una silla sin brazos?				
	4) Acostarse y levantarse de la cama?				
Comer	5) Cortar un filete de carne?				
	6) Abrir un cartón de leche nuevo?				
	7) Servirse la bebida?				
Caminar	8) Caminar fuera de casa por un terreno llano?				
	9) Subir cinco escalones?				
Higiene	10) Lavarse y secarse todo el cuerpo?				
	11) Sentarse y levantarse del retrete?				
	12) Ducharse?				
Alcanzar	13) Cargar un paquete de azúcar de 1 Kg de un estante colocado por encima de su cabeza?				
	14) Agacharse y recoger ropa del suelo?				
Prensión	15) Abrir la puerta de un coche?				
	16) Abrir tarros cerrados que ya antes habían sido abiertos?				
	17) Abrir y cerrar los grifos?				
Otros	18) Hacer los recados y las compras?				
	19) Entrar y salir de un coche?				
	20) Hacer tareas de casa como barrer o lavar los platos?				

Anexo 5. Procedimiento para la cuantificación de anti-CCP

La prueba anti-CCP de Axis-Shield es un análisis de inmunoabsorción ligado a enzimas (ELISA). Las instrucciones para su uso son los siguientes:

1. Establecer referencias en los pocillos para su identificación.
2. Pipetear 100 µl de control de referencia/calibradores por duplicado, controles positivos y negativos prediluidos (1:100) por duplicado y muestras de paciente prediluidas (1:100) por duplicado en los pocillos pertinentes. Este paso no debería superar los 10 minutos para cada uno de los conjuntos de calibradores/controles/muestras.
3. Incubar durante 60 ± 10 minutos a 18°C-25°C.
4. Decantar el contenido de la tira mediante inversión rápida sobre una pila adecuada para desechar materiales biológicos, teniendo en cuenta el potencial peligro infeccioso de las muestras. Secar las tiras invertidas bien con toallas de papel.
5. Lavar los pocillos cuatro veces con un mínimo de 300 µl de tampón de lavado diluido. Decantar y secar después de cada paso de lavado.
6. Añadir 100 µl de conjugado a cada pocillo.
7. Incubar durante 30 ± 5 minutos a 18°C-25°C.
8. Repetir los pasos 4 y 5.
9. Añadir 100 µl de sustrato a cada pocillo.
10. Incubar durante 30 ± 10 minutos a 18°C-25°C. No decantar.
11. Añadir 100 µl de solución de parada a cada pocillo, en el mismo orden y velocidad que la adición del sustrato. Golpear suavemente los pocillos para mezclar y asegurarse de que no hay burbujas visibles.
12. Leer las tiras a 450 nm.
13. Leer la prueba 60 minutos después de finalizar el análisis.

Anexo 6. Método de extracción y purificación de ADN con CTAB (Bromuro de hexadeciltrimetilamonio)

1. Se colocan 300 μ L de sangre periférica con EDTA (ácido etilendiaminotetraacético) en un tubo de 1.5 mL y agregar 500 μ L de buffer de lisis e incubar a 68°C durante 8 minutos.
2. Después de la incubación agregar 500 μ L de cloroformo al 100%, agitar vigorosamente durante 5 minutos, y centrifugar a 10 000 rpm por 10 minutos.
3. Recuperar cuidadosamente la fase acuosa a otro tubo de 1.5 mL estéril.
4. Adicionar 200 μ L de buffer CTAB y 600 μ L de agua desionizada, agitar suavemente por 20 minutos y centrifugar a 10 000 rpm durante 10 min.
5. Decantar el sobrenadante y resuspender la pastilla de ADN en 300 mL de NaCl 1.2 M y 1 mL de etanol al 100% frío y mezclar suavemente por inversión. Centrifugar a 10 000 rpm por 5 minutos.
6. Decantar el sobrenadante y agregar 1 mL de etanol frío al 70%, agitar vigorosamente y centrifugar a 10 000 rpm por 5 minutos.
7. Repetir el paso 6 al menos 2 veces. Decantar el sobrenadante y secar la pastilla de ADN hasta que el etanol se evapore completamente.
8. Resuspender la pastilla de ADN en 100 μ L de buffer TE e incubar a 55°C por 5 minutos.
9. Almacenar el ADN a 4°C.
10. Etiquetar correctamente.

**Anexo 7. Condiciones y mezcla para las reacciones de PCR de los polimorfismos
89G>A, 90T>C y 92G>C del gen PADI4**

Condiciones para la amplificación del DNA

Polimorfismo	Etapa	Temperatura y tiempo	Ciclos	Tamaño del fragmento
89G>A	Inicio	94 °C por 3'		
	Desnaturalización	94 °C por 30"		
	Alineamiento	70 °C por 30"	30	221 pb
	Extensión	72 °C por 30"		
	Elongación final	72 °C por 1'		

Mezcla: Solución amortiguadora 1X, iniciadores 0.12 µM, dNTPs 0.1 mM, MgCl₂ 4.5 mM, Taq polimerasa 1.5 U, Betaine 1.4 µM, gDNA 100 ng.

90T>C	Inicio	94 °C por 3'		
	Desnaturalización	94 °C por 30"		
	Alineamiento	70 °C por 30"	30	221 pb
	Extensión	72 °C por 30"		
	Elongación final	72 °C por 1'		

Mezcla: Solución amortiguadora 1X, iniciadores 0.12 µM, dNTPs 0.1 mM, MgCl₂ 4.5 mM, Taq polimerasa 1.5 U, Betaine 1.4 µM, gDNA 100 ng.

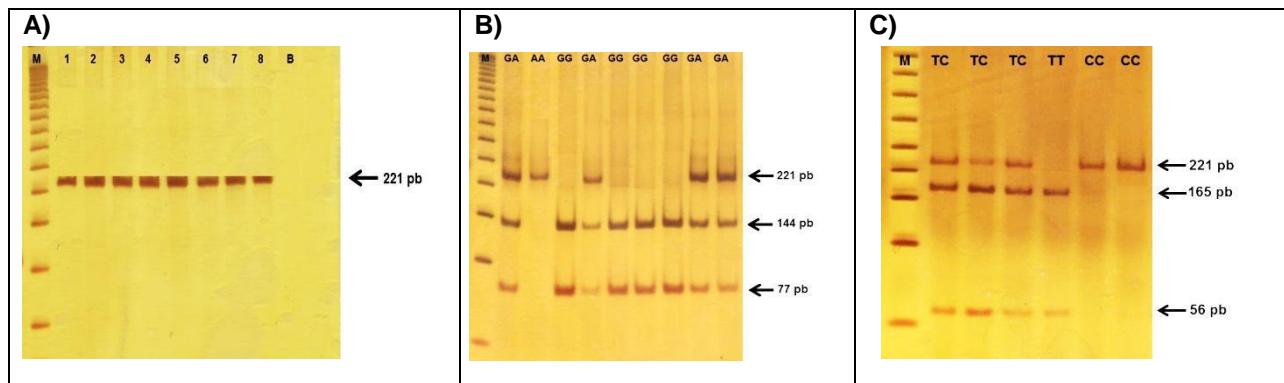
92G>C	Inicio	94 °C por 3'		
	Desnaturalización	94 °C por 30"		
	Alineamiento	66 °C por 30"	30	106 pb
	Extensión	72 °C por 30"		
	Elongación final	72 °C por 1'		

Mezcla: Solución amortiguadora 1X, iniciadores 0.12 µM, dNTPs 0.18 mM, MgCl₂ 2.5 mM, Taq polimerasa 0.65 U gDNA 100 ng.

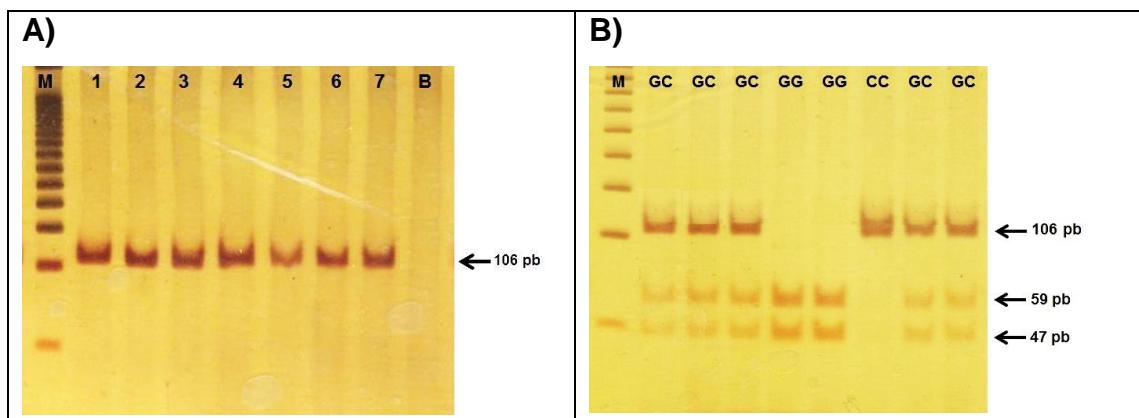
**Anexo 8. Condiciones de restricción para la identificación de los polimorfismos
89G>A, 90T>C y 92G>C del gen PADI4**

Polimorfismos	Enzima y secuencia de reconocimiento	Condiciones	Patrón de restricción
89G>A	<i>BtgI</i> C▼CACGG	5 µL de producto de PCR 1 µL de buffer 3 3.3 µL de agua estéril 0.7 µL de enzima (7 U) Incubar durante 3 hrs. a 37 °C	GG: 144 y 77 pb GA: 221, 144 y 77 pb AA: 221 pb
90T>C	<i>MscI</i> TGG▼CCA	5 µL de producto de PCR 1 µL de buffer 4 3.8 µL de agua estéril 0.2 µL de enzima (5 U) Incubar durante 3 hrs. a 37 °C	TT: 165 y 56 pb TC: 221, 165 y 56 pb CC: 221 pb
92G>C	<i>MspI</i> C▼CGG	5 µL de producto de PCR 1 µL de buffer 4 3.6 µL de agua estéril 0.4 µL de enzima (5 U) Incubar durante 2 hrs. a 37 °C	GG: 59 y 47 pb GC: 106, 59 y 47 pb CC: 106 pb

Anexo 8. Geles de poliacrilamida para la identificación de los polimorfismos 89G>A, 90T>C y 92G>C del gen PADI4



Polimorfismo 89G>A y 90T>C del gen PADI4 . A). Carriles 1: marcador de peso molecular de 50 pb; 1, 2, 3, 4, 5, 6, 7 y 8: producto de PCR; 9: blanco. **B).** Carril 1: marcador de peso molecular de 50 pb; 4, 6, 7 y 8: genotipo GG; 2, 4, 9 y 10: genotipo GA; 3: genotipo AA. **C)** Carril 1: marcador de peso molecular de 50 pb; 5: genotipo TT; 2, 3 y 4: genotipo TC; 6 y 7: genotipo CC.



Polimorfismo 92G>C del gen PADI4. A). Carriles 1: marcador de peso molecular de 50 pb; 1 - 7: producto de PCR; Carril 8: blanco. **B).** Carriles 1: marcador de peso molecular de 50 pb; 6: genotipo CC; Carril 1, 2, 3, 7 y 8: Genotipos GC; Carril 4 y 5: Genotipo GG